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# New Mexico Cuisine: Recipes From The Land Of Enchantment



## Synopsis

Winner of the 2010 New Mexico Book Award for Best Cookbook Since he first traveled to New Mexico in the 1960s, Clyde Casey has been in love with New Mexican cuisine and has explored its evolution from Puebloan roots, to influences brought by the Spanish in the early 1500s, to what is today a unique blend of Native American, Spanish, French, cowboy chuck wagon, Mexican, and Mediterranean influences. A companion to Casey's Red or Green cookbook, New Mexico Cuisine reflects the diversity of these culinary origins, offering a wide range of New Mexican recipes. Casey includes dozens of quick recipes designed for the convenience of the modern cook as well as traditional recipes that require more time and patience for those looking for a bit of challenge. Along with the recipes, Casey includes engaging notes on one of the most unique histories and cultures in the United States.

## Book Information

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## Customer Reviews

As a long time resident of NM I was delighted with this cookbook. It has recipes I had been searching for years. The recipes in this cookbook are authentic New Mexican. I highly recommend this cookbook to anyone who wants to try the flavors of New Mexico.

I love this cookbook. Everything from appetizers ,entrees you name it if it's New Mexican food you want this book's for you. The recipes are simple to follow and concise.I guarantee you'll love it.

In one of his books I found my great aunt, Wilma Merlan's recipe. I thought I recognized it, sent him an email, and indeed, it was hers.

Great book - very happy with my purchase.

Some good recipes here, but far too many canned ingredients & other very unhealthy choices to be rated well anyone who is concerned with making healthy foods.

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